

LECTURE SERIES

**Tuesday,
15th March
2022**

12:15 - 13:15

Campus Biotech
Online via zoom

“fMRI of cognitive reappraisal, acceptance, and suppression emotion regulation strategies in basic and clinically applied contexts”

Prof. Philippe Goldin

(University of California, Davis)

The ability to effectively regulate emotions is a fundamental skill related to physical and psychological health. In this talk, I will present behavioral and fMRI data from several different studies that examined cognitive reappraisal, acceptance, and suppression emotion regulation strategies in healthy controls participants and in the context of randomized trials of cognitive behavioral therapy, mindfulness-based stress reduction, and aerobic exercise as interventions for adults with anxiety disorders. We will also examine the implementation of different types of functional connectivity analytic approaches to probe intervention-related brain mechanism changes.

More information at <https://www.unige.ch/cisa/>

Swiss Doctoral School in Affective Sciences