



WORKSHOPS

Feb. 6-7, 2017 (11:00 - 17:00)

Assertiveness: the key to open and efficient communication

- Deal efficiently with difficult conversations and miscommunications
- Set healthy boundaries
- Enhance your active listening skills, etc.

Feb. 9-10, 2017 (11:00 - 17:00) Make an impact, create a strong social network!

- Promote yourself and your skills with greater confidence
- Understand the dynamics of everyday communication
- Build and maintain a strong social network, etc.



by Dimitra KARATOLOU

Executive, Career & Life Coach

12-hour (2 days) interactive workshops with theory, case studies, self-tests and role plays

Register on www.nccr-chembio.ch







Deadline: January 13, 2017 Limited number of seats!