Psychological theories of emotion

This CISA Graduate Seminar aims at surveying the major psychological theories of emotions, and in particular with respect to current perspectives of emotions, but keeping in mind their historical roots. Based on a now well accepted componential perspective to emotion, we will discuss a working definition of emotion, and relate theories of emotion to the major components of an emotion (i.e., appraisal, action tendency, autonomic reaction, expression, and feeling). The four major theories that will be discussed are bodily theories, basic emotion theories, core affect theories, and appraisal theories. We will also discuss these theories in relation to the so-called «emotional brain » when relevant. The structure of the graduate seminar aims at being interactive with presentations by David Sander and small group discussions with the other teachers (Patricia Cernadas, Géraldine Coppin, Eva Pool, and Yoann Stussi).